



Peru

Personal Packing List

Each team member can take one small carry on (we recommend a roll on type) and a backpack on the flight. Take at least two days of clothing and any personal items you feel you must have on the field in your carry ons. (In case your luggage is lost) Please remember, your checked suitcases can be only 50 pounds. We recommend each team allocates one suitcase for team members personal items and one suitcase for the teams ministry and give away items. We strongly recommend you weigh these suitcases before you leave as the add on costs for extra weight can be surprising and expensive.

- * **BRING PASSPORT (with two photocopies) ONE OTHER FORM OF IDENTIFICATION WITH A PHOTO**
- * **A SWEATSHIRT or SWEATER AND A JACKET. - It is winter time there in our Summer.**
- * **GUYS: 4 PAIR OF PANTS (JEANS ARE FINE AND 1 CASUAL DRESS PANTS) - SHIRTS FOR A WEEK**
- * **GALS: 4 PAIR OF JEANS or CASUAL SLACKS. (OPTIONAL - 1 DRESS - KNEE LENGTH) - NO SLEEVELESS SHIRTS PLEASE**
Please note: No flashy clothes or jewelry. Remember what you wear is a physical representation of who you are. No sexual suggestive writing or beer advertisements on clothing, Both guys and girls please do not bring clothing that is tight, too small, or form-fitting in any way. Do not bring pants that are low-cut. If you can bend over and touch your toes without showing any skin in the back, then your shirt and pants are ok. If you can raise your hands all the way above your head and not show your stomach, then your shirt is ok. Shirts should not have scoop necks or low v-necks. It will be winter during our summer so bring sweatshirts and a jacket. Bring sufficient clothing for the trip, since there will be no laundry opportunities. You might want to bring some clothes to leave behind for the poor people we work with in Peru.
- * **SOCKS, UNDERGARMENTS & SLEEP WEAR for 7 Days**
- * **2 PAIR OF SHOES (PLUS A PAIR OF FLIP FLOPS IS OK FOR MISSION HOUSE)**
- * **PERSONAL ITEMS - Including Toothbrush, Toothpaste, Deodorant, Shampoo, Soap, Sun screen, Razor**
- * **Aspirin or Tylenol, Pepto Bismol, Hand Sanitizer, Anti-diarrhea medicine. Chap Stick, Vitamins etc.**
- * **1 TOWEL & WASH CLOTH, 1 SINGLE FITTED SHEET (YOU CAN LEAVE IN PERU)**
- * **FLASHLIGHT & BATTERIES**
- * **BIBLE, NOTEPAD / PEN**
- * **JOURNAL to WRITE THOUGHTS ABOUT THE TRIP**
- * **1 BOTTLE OF WATER FOR TRAVEL (We will refill for you in Peru)**
- OTHER RECOMMENDED ITEMS:**
 - * **ENGLISH-SPANISH TRANSLATOR or POCKET DICTIONARY**
 - * **MP3 PLAYER or IPOD for Quiet Times (Christian music only please)**
 - * **1 BOX OF YOUR FAVORITE CEREAL**
 - * **1 JAR OF PEANUT BUTTER**
 - * **1 BAG OF GATORADE for your water bottle**
 - * **PERSONAL SNACK FOOD ITEMS** * **EARPLUGS**
 - * **CAMERA** * **SPENDING MONEY (money cannot be torn)**

