

## 8) WATCH, WHAT YOU WATCH



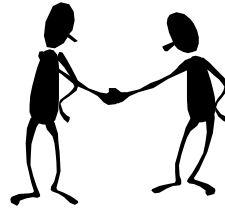
“Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak.”  
Mark 14:38

“The eye is the lamp of the body. If your eyes are good, your whole body will be full of light. But if your eyes are bad, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness! No one can serve two masters.”  
Matthew 6:22-24

## 9) BE WHO YOU ARE IN JESUS

“No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.”  
Romans 8:37-39

## 10) OVERCOME EVIL WITH GOOD



“Do not be overcome by evil, but overcome evil with good.”  
Romans 12:21

“10 Ways to Stay Strong in the Lord” was written at the beginning of a school year and originally presented as a teaching to the youth group at our home church. I wanted to give the youth something that they could use as guidelines to help them to keep walking on the “straight and narrow way”, following Jesus with all their hearts.

I personally believe these simple ten guidelines can be used in that way. I encourage you to go over them often. As you read them and the scriptures challenge yourself to follow the admonition of Paul the Apostle who wrote in Philippians 3:14 “I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”

God has a great plan for your life!  
Find out what it is and follow Him with all your heart!

In His love,  
*Brian Weller*

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# 10 WAYS to

# Stay Strong

# in the LORD!

by  
Brian  
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# 10 ways to stay strong in the lord

## 1) READ & MEMORIZE THE WORD!

“ Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, now that you have tasted that the Lord is good.”  
1 Peter 2:2-3

## 2 Bring it to the LORD in PRAYER

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus”  
Phillipians 4:6-7

## 3) worship god

“Yet a time is coming and has now come when the true worshipers will worship the Father in spirit and truth, for they are the kind of worshipers the Father seeks. God is spirit, and his worshipers must worship in spirit and in truth.”

John 4:23-24

## 4) SPREAD THE WORD

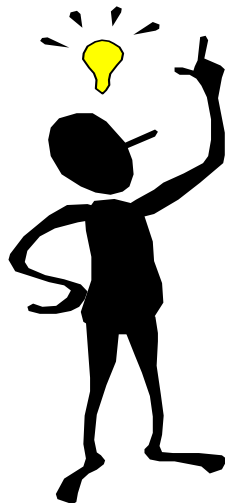
“He said to them, “Go into all the world and preach the good news to all creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned.”

Mark 16:15-16

“But in your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect”  
1 Peter 3:15

## 5) DON'T BE UNEQUALLY YOKED WITH UNBELIEVERS

“Do not be yoked together with unbelievers. For what do righteousness and wickedness have in common? Or what fellowship can light have with darkness?”  
2 Corinthians 6:14



## 6) SET YOUR HEARTS & MINDS ON THINGS ABOVE

“Since, then, you have been raised with Christ, set your hearts

on things above, where Christ is seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God.”

Colossians 3:1-3

## 7 TAME YOUR TONGUE

“The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole person, sets the whole course of his life on fire, and is itself set on fire by hell. All kinds of animals, birds, reptiles and creatures of the sea are being tamed and have been tamed by man, but no man can tame the tongue. It is a restless evil, full of deadly poison. With the tongue we praise our Lord and Father, and with it we curse men, who have been made in God's likeness. Out of the same mouth come praise and cursing. My brothers, this should not be.”



James 3:6-10