

## **THRIVE 40 - I CAN DO ALL THINGS THROUGH CHRIST**

### **Day 1 - "I can do all things through Christ who strengthens me."**

***Philippians 4:13***

This statement by Paul has been my biblical motto for many years and I pray it will be yours also. In the verse preceding this Paul writes "I have learned in whatever state I am, to be content: I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need."

Paul is telling us that my ability to be strong is not dependent on the circumstances I am facing at any particular time in my life. He is saying we must learn to be strong in Jesus Christ. To always remember He is my strength in times of blessing or in times of hardship. "I can do all things through Christ who strengthens me."

You and I are enabled by the power of the Holy Spirit to do the things God has called us to do. To be the person God has called us to be. We are not to look at who we are not, but rather to look at who He is. You have failed just like every other Christian but don't let the failures of yesterday steal away the fulfillment of God's promise in your life today. He really does love you. Believe it, it's true!

I want to ask you from this day on to quit saying "I can't" to things you know God wants you to do and to the person God wants you to be. 1 Corinthians 1:27 says "But God has chosen the foolish things of the world to put to shame the wise, and God has chosen the weak things of the world to put to shame the things which are mighty;" Believe what His word says about you that is the truth that will set us free. In His love, Brian Weller

**Pray this prayer with me:** *I thank you God that today and every day of my life I can do and be all that you want me to. I give you my inabilities and receive your abilities to be all that you want me to be and do through your son Jesus Christ. I thank you I can do all things through Christ who strengthens me.*